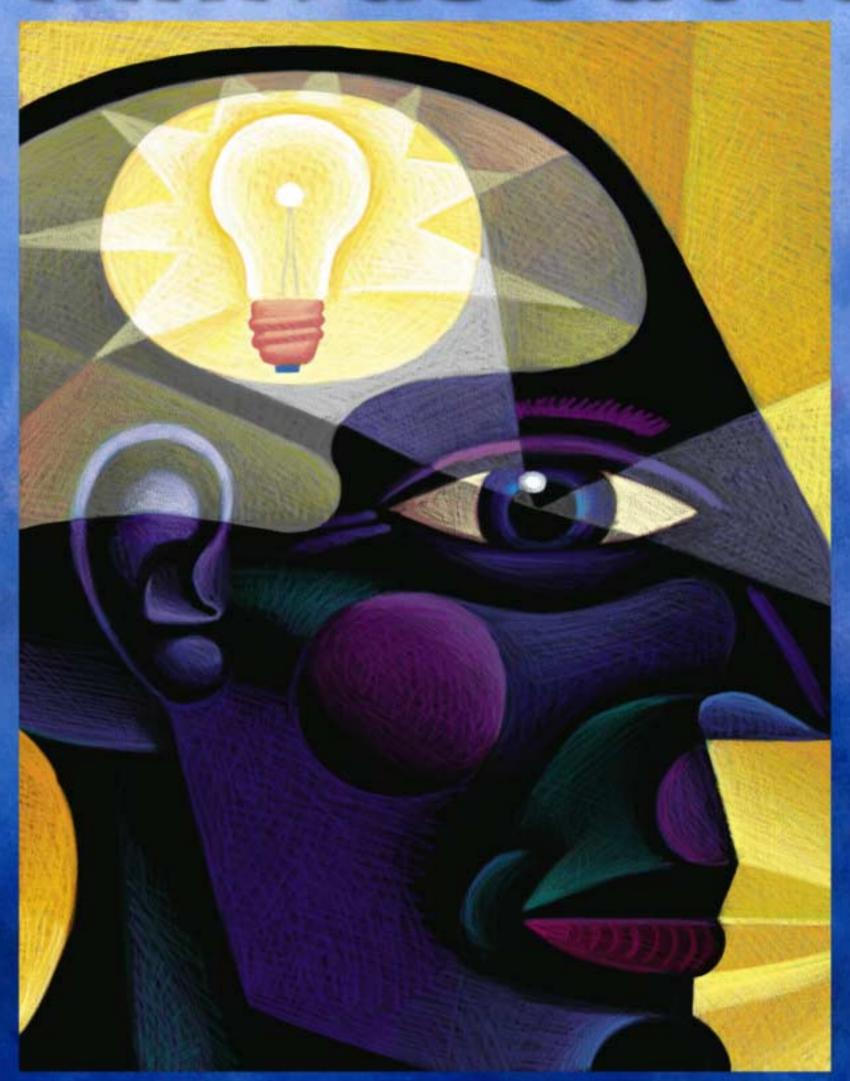
## Think about it.



ere's a bright idea. Ride a bike or walk to work instead of driving alone.

Exercise releases endorphins, producing feelings of relaxation and euphoria.

Now that's something to get excited about.

